



英国和道会空手道連盟

## British Wadokai Karate-do Federation

### TRAINING CONDITIONS

All members must hold an up-to-date British Wadokai Licence/Grade Record Book and proof of National Insurance cover within two weeks of starting, *and PRIOR to*, regular training. It is considered negligent for an Instructor to allow students to train without adequate insurance.

I (name in capitals) .....

understand that I am training **FREE OF CHARGE** and that I am training as part of an introductory process prior to regular training. Upon my decision to undertake training on a regular basis I shall ensure to take out the required membership & insurances required by the club and pay the required subscriptions each session. I understand and accept that the practise of a combat art *or contact sport* involves the risk of serious injury and am participating with free will and understanding of the risks involved.

I have read and understood the Training Conditions above:

Signature ..... Date .....  
(Parent/Guardian if under the age of 18 years).

Signature ..... Date .....  
(Instructor/Secretary).

Do you suffer from any medical condition/s? YES/NO. If YES, please indicate .....

If you suffer from any medical condition, it is important to ensure that your instructor is aware of these. It is also advisable that ALL applicants (especially over the age of 40) should have a Medical Examination BEFORE commencing into any physical activity related to the Martial-arts.